Discussions on Diversity

Building Trust
Building trust is central to ensuring diverse patient recruitment and engagement. When trial staff and patients experience distrust, it can negatively impact recruitment and retention.

Racial and ethnic diversity in clinical trials.

Discussions on Diversity

Public and physicians who engaged in candid discussions on the topic of diversity in clinical research are encouraged to share their insights.

COVID-19

Physicians and patients were highlighted by a greater proportion of Black, Latinx, Asian and Indigenous research participants than white respondents.

Discussions on Diversity

Disease Perceptions

Research participants shared that there is a degree of stigma around illness in some communities, which is viewed as a contributing reason for lower levels of research participation. This may be highlighted by a greater proportion of Black, Latinx, Asian and Indigenous research participants than white respondents.

Practical Barriers

Providing local and site-level resources to participate in the clinical trial can be key. Research sites could benefit from services that provide guidance and training on cultural competency.

Building Relationships Between Patients and Site Staff

Achieving institutional and structural change.

Societal and institutional changes are required to level the playing field. This will require long-term openness, transparency, support and the common goal of ensuring all individuals have access to care.

Immediate steps that can be taken to improve research access and experiences.

Emergency research involvement

Bringing temporary research to individuals at home or in their communities can make participation easier and can help ensure that patients who may not have considered joining a clinical trial.

Disease site selection

A focus on disease site selection can make recruitment easier. Certain racial and ethnic groups.

Decentralized Clinical Trials (DCTs)

Decentralized clinical trials can greatly improve research access.

Site-specific Considerations

Addressing institutional and structural racism.

Societal and institutional changes are required to level the playing field.

Discussions on Diversity

Innovating research involvement

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Disease site selection

A focus on disease site selection can make recruitment easier. Certain racial and ethnic groups.